

PEDAGOGICAL DEVELOPMENT AND MEASUREMENT OF PROFESSIONAL CANOE ATHLETES DURING OLYMPIC PREPARATION

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Recently the variety of methods of developing individuals has increased. By saying that we mean that the methods are becoming more and more precise. Lately, the need for education and educational science has grown, to achieve better individual results. In the last decades concerning the field of education after the great initial improvements often came the slowdowns. This is the reason, why areas where education can be more intensive and efficient, have become progressively more and more important. Such area is the training.

With sports we develop moral, will and practical skills. We prepare them for healthy life and to be successful in real life. We have to assure the efficiency of the work during trainings. It is very important both for the athlete and the coach to make the right decision, the right time. This can be determinative for the future career and for the personal right as well. In our study we compared the psychology immunocompetence values of two groups. The participants are former kayak-canoe sportsmen, and teachers who don't do any sports. 50 former sportsmen and 50 teachers participated in our study. The participants filled four questionnaires.