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Personalized Fused Deposition Modeling 3D printed (FDM-3DP) tablets: a Quality by Design (QbD) approach

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Pharmaceutical manufacturing by three-dimensional printing (3DP) provides unique advantages, including individualization potential by associating customizable doses of various active pharmaceutical ingredients (APIs) with different release profiles in one drug delivery system (DDS). One of the most promising techniques is fused deposition modeling (FDM). The aim of this research was to explore FDM-3DP for the development of personalized immediate release (IR) DDSs with diclofenac sodium (DS) by applying the quality-by-design (QbD) approach.

High drug loaded (50%) FDM 3D printable filaments were prepared by hot melt extrusion. Regarding the printing process, a systematic assessment of the influence of the selected independent variables (design feature, dosage form size and printing resolution) on the quality attributes of the 3D printed DDSs was conducted. By adjusting the dimensions of the digital models, tablets with API content in the range of 32-75 mg were produced. The optimum formulation represented by a concentric ring design tablet with a DS content of 50 mg presented 78% drug release after 5 minutes and 90% drug release after 10 minutes. A correlation between the investigated factors and the dissolution performance of the dosage forms was found as high-resolution printing (0.1 mm) and greater tablet dimensions promoted faster release of the API.

In conclusion, by employing the QbD approach to investigate the influence of the printing parameters and the dimensions of the DDS on the dissolution performance and API content of the dosage forms, preparation of tablets with very rapid dissolution and adjustable doses of API was completed.

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