

## Testing the Sense of Rhythm of Children Aged 5-12: Finding New Ways

### **Abstract**

This paper reports on part of a pedagogical project aimed at reviving interest in the Good Start Method in the Czech Republic and to develop a methodology implementing its principles with a new musical component. The aim of this paper is to present the theoretical background and the unique test of the sense of rhythm that we implemented within the project. The paper briefly defines the components of musical rhythm and describes the term "imaginary impulse" in more detail. It summarizes some information about the development of the sense of rhythm in the music psychology literature. The author then describes her own method of testing and assessing the level of children's sense of rhythm and the results of empirical research. She briefly reports on the influence of her findings on didactic practice and the form of a new methodology linking the development of the sense of rhythm and graphomotor skills.

**Keywords:** Sense of rhythm; Children aged 5-12; Test; Imaginary impulse