

The Living Tradition: Introduction to Kokas Pedagogy

Abstract

Nowadays, new expectations appear in education worldwide, such as creativity, emotional intelligence, openness to innovation, and determination. Here in Hungary, we have long known a unique educational method in which music is a fantastic tool in the teaching-learning process, and where the path to self-knowledge is based on full attention, self-expression, openness, acceptance, silence, and, last but not least, creativity we can walk. The "new expectations" are now almost traditions in the art pedagogy marked by the name of Klára Kokas, which has been balanced on the periphery of education, more specifically music education, for nearly forty years. Kokas' pedagogy is rooted in the Kodály philosophy. Encountering the most beautiful songs and lyrics of our folk music, the experiential - bound to improvisational forms of movement - and active acceptance of the classical masterpieces is the most complete, one could say "visceral" realization of Kodály's wish "Let the music be for everyone". The workshop offers an interactive musical experience to get to know this wonderful world.

Keywords: Tradition, Creativity, Movement, Self-expression, Full Attention