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## ZeneZen, the Creative Piano Pedagogy

## Abstract

ZeneZen is intended for either pianists or other instrumental players, solfège teachers, or general music teachers. It engages general music terms and rules, such as rhythm, tempo, musical characters, stylistic features, form, the understanding of a score, as well as technical skills development.

In our music course, we prepare and teach piano pieces with:

- Solfege, music theory according to the singing-based Kodály method
- Kokas pedagogy (active music listening, free movement improvisation, playing with different characters...)
- Piano technique with playful exercises.

In this Zenezen workshop we would like to give you a taste of our course by teaching a piano piece by Zoltán Kodály.

Keywords: Kodály, Kokas, Piano